On March 12, the Southeast Chapter of SCCM hosted a quarterly meeting featuring Dr. Juvonda Hodge from the Burn Unit at Grady Health System in Atlanta, Georgia. Dr. Hodge discussed treatment strategies for burn patients within the first 48 hours.

Dr. Hodge started by discussing the use of CYANOKIT® and their role for first-responders. Because many household furniture items contain cyanide, cyanide poisoning is relatively common.

Once at the hospital, fluid resuscitation is a key initial intervention. Intravenous fluids are most often given based on the Parkland formula and continued for at least 24 hours. The greatest amount of fluid loss occurs in the first 24 hours, but fluid overload is a legitimate concern for these patients, so judicious management is imperative.

Additionally, the role of vitamin C in fluid management is currently being investigated.

Want to Become More Involved?

For members interested in joining a committee, please contact us at communications@sccmse.org, and let us know how we can get you involved with the Southeast Chapter of SCCM.
Ultrasound Course Recap

By Lizzette Hernaiz, MSN, ACNP-BC, FNP-C

Our chapter hosted its first Point of Care Ultrasound Course on April 17, the day before the Southeastern Critical Care Summit. Eighteen healthcare providers from various disciplines (physicians, physician assistants, nurse practitioners) participated. Participants engaged in didactic teaching and rotated through skill stations with hands-on learning. Topics covered were cardiac, abdominal, vascular, and lung ultrasound techniques. Based on the overwhelming interest in the course, the SE Chapter will consider hosting this event again in the future.

SAVE THE DATE

Spike Out Sepsis 2019 | Saturday, September 21, 2019

The Southeast Chapter of the Society of Critical Care Medicine is proud to present our 6TH ANNUAL SPIKE OUT SEPSIS ATLANTA TOURNAMENT, scheduled to take place on Saturday, September 21, 2019 in Atlanta, Georgia. This event is a fun 6-on-6, amateur beach volleyball tournament that raises much-needed funds for Sepsis Alliance, and promotes sepsis awareness. Our first Atlanta event in September 2014, attracted sepsis survivors, healthcare professionals, as well as members of the community. Together we raised over $10,000 for Sepsis Alliance, and this year we hope to raise even more! We invite you to join us in the fight against sepsis. Please contact Ashley DePriest (ADePriestRD@gmail.com) for questions, or if you’re interested in being a company sponsor or want to become an event volunteer!
Congratulations to Barbara McLean Award Winner, Lesley Kirkendall

By Maria Zhorne, PharmD, BCCCP

We are pleased to announce Lesley Kirkendall, BSN, RN, CCRN, CNRN, SCRN as the 2019 recipient of the Barbara A. McLean – Contributions to Critical Care Nursing Award! Ms. Kirkendall is a neurocritical care nurse at Baptist Memorial Hospital in Memphis, Tennessee, and she has received multiple certifications to advance her career (CNRN, CCRN, ENLS, and SCRN). Additionally, she is an active member in the Greater Memphis Area Chapter of the American Association of Critical Care Nurses (AACN).

Ms. Kirkendall plays an active role in the interprofessional team on a daily basis within her unit. She is also involved in multiple quality improvement projects, such as the ICU Liberation National Collaborative, and in the education of onboarding new neurocritical care nurses. Not only does Ms. Kirkendall serve as a leader within her organization, but she also gives back to her community by teaching Basic Life Support (BLS) to the 164th Tennessee Air National Guard and serves as a mentor for the American Association of Neuroscience Nurses (AANN) in the Memphis area.

While this does not include all of the roles and activities that Ms. Kirkendall has accomplished, the dedication to her career and commitment to patient care that she exemplifies deserves to be recognized by this prestigious award.

New Initiative - Bite-Sized Lecture Series

By Susan Smith, PharmD, BCCCP, BCPS

We are excited to launch a new initiative, the Bite-Sized Lecture Series. This series of hour-long lectures will provide a unique opportunity for chapter members to gain experience presenting to a regional audience, with opportunities for in-training members, new practitioners, and seasoned speakers to participate.

During these sessions, a multi-professional panel of four speakers will each deliver a 10-12 minute bite-sized learning lecture on complimentary topics. These lectures will provide engaging, high-yield learning in short, easy to digest segments for you to enjoy over lunch.

Interested in being a speaker or hosting a Bite-Sized Lecture session at your site? Email susan.smith@uga.edu for more information. We can’t wait to see you for the first Bite-Sized Lecture in Summer 2019!
May was National Critical Care Awareness and Recognition Month. On Friday May 17, hospitals across the country celebrated with blue treats provided by the chapter, and many chapter members wore blue and shared their photos below. More photos can be viewed via our Twitter feed (@SCCMSE) and hashtag #blueicu.
In April, the Southeast Chapter of SCCM hosted a Twitter Journal Club discussing the use of “Haloperidol and Ziprasidone for Treatment of Delirium in Critical Illness” by Girard et al., 2018. This study showed compelling data that haloperidol and ziprasidone are not effective in treating the duration of hypoactive delirium in the ICU, similar to the data the MIND (Girard et al., 2010) and Hope-ICU (Page et al., 2013) trials have also shown.

Of note, the trial had an astounding 88% compliance with the “ABCDEF” treatment bundle. We polled the Twitter community on their ICU’s compliance with the “ABCDEF” bundle and found only 57% compliance. This trial shows a great example of the “ABCDEF” bundle compliance, but there is still much more work to needed to optimize the management of ICU delirium.

The complete discussion can be viewed via our twitter feed (@SCCMSE) using the hashtag #SCCMSEChat.
The Southeast Chapter of the SCCM invites you an ENLS course scheduled for Sunday, August 4, 2019.

The Emergency Neurological Life Support (ENLS) course is designed to help healthcare professionals improve patient care and outcomes during the critical first hours of a patient’s neurological emergency.

ENLS demonstrates a collaborative, multi-disciplinary approach and provides a consistent set of protocols, practical checklists, decision points, and suggested communication to use during patient management.

**MODULES:**
Participants will not need to complete online modules prior to live course day of August 4, 2019.

**CONTINUING EDUCATION:**
CE/CME is provided to physicians, nurses, EMS, residents, fellows and pharmacists through Neurocritical Care Society for the online modules. This activity is designated for a maximum of 15 AMA PRA CME, ANCC, ACPE and CECBEMS credits upon completion.

**PRICE:**
- Physicians - $325
- RN/EMS/Fellows/Pharmacists - $175
- Residents - $100

**REFUND POLICY:**
A $50.00 non-refundable processing fee is included in the course tuition. Written cancellations received 14 or more business days before the course will receive tuition reimbursement less the $50.00 handling fee. Cancellations less than 14 days prior to course or failure to attend the course will result in forfeiture of the entire course tuition.

**CONTACT:** For questions or additional information, please contact Lizzette Hernaiz (lhcsccm@gmail.com) or Vivian Liao (liao_tv@mercer.edu) Registration is available online via the following link: https://tinyurl.com/y227ve3e

**LOCATION:** Emory Univ. School of Medicine, 12 Executive Park Drive, NE, Atlanta, GA 30329 | EP 12 Conference Room (331C-1 & 331C-2), 1st Floor Room

**SUNDAY**
**August 4, 2019**
8 a.m. - 5 p.m.
Emory Univ. School of Medicine
12 Executive Park Drive, NE
Atlanta, GA 30329
EP 12 Conference Room
Interested in being a Mentor and/or a Mentee to a Healthcare Professional of Any Discipline

Are you an SE SCCM Member?

This opportunity is open to any member, fully accredited practitioners or trainees in any profession (physicians, pharmacists, nurses, respiratory therapists, APPs, dietitians, etc.).

You may sign up as a mentor, mentee, or both.

You are welcomed to pair with someone outside of your own discipline.

Please click HERE for a copy of the Guidelines for Southeast SCCM Mentor/Mentee Program

For more information or to sign up visit our website www.sccmse.org and click “Mentor / Mentee Program” at the top of the page.
**Southeast Chapter Member Benefits**

- **Bimonthly Educational Meetings**
  with Renowned Speakers

- **Triannual Newsletters**
  with Chapter Updates

- **Continuing Education Credits**
  and Contact Hours

- **Research Opportunities and**
  Research Mentorship

- **Mentors To Help Guide Your**
  Professional Journey

- **Networking with Fellow**
  Healthcare Professionals of**
  All Disciplines

- **Exciting and Cutting Edge**
  Conferences

- **Community Outreach Activities**

- **Leadership Experiences**

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**WELCOME NEW SITE**
Please welcome new site, University of Louisville Hospital, **University Medical Center, Louisville, KY** joining our chapter in August 2019!

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**THANK YOU TO OUR MEETING SPONSORS FOR MARCH AND JUNE**

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**Stay Tuned!**

**Upcoming Meeting**

* **Date:** August 13th, 2019
* **Topic:**
  - Fostering a Learning Health Care Environment in the P(ICC)
* **Speaker:**
  - Jerry J. Zimmerman, MD, PhD, FCCM
  - Faculty in Pediatric Critical Care Medicine
  - Seattle Children's Hospital, Harborview Medical Center
  - University of Washington School of Medicine
  - Seattle, Washington, USA
  - SCCM President (2018 – 2019)

Have any topics you’d like to hear more about in 2020? Email our programming chair Andrea Newsome at ANDNEWSOME@augusta.edu with topics and speaker suggestions.